

How Was Jesus
God in the Flesh?

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THIS BOOKLET IS NOT TO BE SOLD. The information provided is for the benefit of former members of the congregations of the Worldwide Church of God (WCG), and of current and prospective members of God's Church.

Jesus was both fully God and fully human. How can such a thing be possible? Let's examine what information is available to us in the Bible.

Preamble

Please Note: All comments in brackets [] or in parentheses () as well as highlighted text (bolded and/or in blue) are from the author of this study. Bible quotations are in maroon.

I think it is essential to clarify the question of the “Holy Spirit” before we begin this study. If we say that who or what is the “Holy Spirit” is the question that needs to be answered, we are starting from the assumption that there exists such a being as the Holy Spirit and that it is a separate and distinct being from God and the Word. The question which should be asked is who are the beings the Bible tell us are holy, whose composition is spirit and who have existed eternally? Either the Bible plainly tells us who are the separate and distinct beings that existed from all eternity who created all things (spirit beings and the material universe) or we have no way of getting an answer to our question.

The Holy Spirits of the God Family

The Bible tells us in Gen 1:1 that:

Gen 1:1 In the beginning God created the heaven and the earth.

The Hebrew word translated “God” is “Eloheem” which is the plural form of “Eloah which means “God”. The word “Eloheem” refers to “gods.” It is a uniplural noun like family, group, team, etc. In the beginning, there was therefore more than one God being in existence but how many were there?

Joh 1:1 In the beginning was the Word, and the Word was with God, and the Word was God.

Joh 1:2 The same was in the beginning with God.

Joh 1:3 All things were made by him; and without him was not any thing made that was made.

In the beginning when God created the heaven and the earth there was God and there was another being with God who was also God, the Word. How can these two beings both be God; isn't that impossible?

The word God indicates the kind of existence of these 2 beings: their nature is to be God in the same way that all human beings have the same human nature. However, having the same nature does not mean that all human beings constitute a single being; indeed, they are all separate and distinct beings with their own personalities. God and the Word have in common the same nature or, level and type of existence, but they are separate and distinct beings just like all human beings who have the same human nature are separate and distinct beings.

God the Father

We read in the Bible that God became a father when the Word became flesh (Php 2:5-8) by being born of woman after having been conceived in the virgin Mary by the holy spirit being called God (Luke 1:35). God from that point on became God the Father and the Word, who was born as the flesh-and-blood Jesus of Nazareth became God's Son or the Son of God. He was both fully God (his father was God and fully human (his mother was the virgin Mary).

Jesus was God the Father's only begotten son at the time when He was conceived in Mary's womb but He was not to be the only one begotten of the Father. God the Father is the holy spirit being in the Godhead that calls men to salvation.

Joh 6:44 No man can come to me, except the Father which hath sent me draw him: and I will raise him up at the last day.

Joh 6:65 And he said, Therefore said I unto you, that no man can come unto me, except it were given unto him of my Father.

Joh 18:9 That the saying might be fulfilled, which he spake, Of them which thou [God the Father] gavest me have I lost none.

1Pe 1:3 Blessed be the God and Father of our Lord Jesus Christ, which according to his abundant mercy hath begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead,

God the Word and Spokesman

The Bible term for being called is to be spiritually begotten by God the Father (1Pe 1:3). When we are begotten, we become a spiritual embryo that can be born again as a glorified spirit being with eternal life. Those begotten of the holy spirit God the Father who follow their calling are then able to come to the holy spirit being called the Word and Spokesman (John 6:44; 65; 18:9) who then teaches them. The glorified Jesus-Christ as God the Father's Word and Spokesman is the holy spirit being that works in the minds of God the Father's called and chosen ones.

Joh 7:39 (But this spake he of the Spirit, which they that believe on him should receive: for the Holy Ghost was not yet given; because that Jesus was not yet glorified.)

Jesus had to first be glorified for it to be possible for Christians to have access to the holy spirit called the Word and Spokesman because the glorified Christ is the holy spirit being who works in the minds of God's saints (John 14:17) in the same way that Satan is the evil spirit that works in the minds of the children of disobedience (Eph2:2).

Joh 14:17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he [Christ] dwelleth with you, and shall be in you. [On the day of Pentecost, it would be in them and in all true Christians.]

Eph 2:2 Wherein in time past ye walked according to the course of this world, according to the prince of the power of the air, [Satan] the spirit that now worketh in the children of disobedience:

The holy spirit God the Father calls men and those who follow their calling are then taught by the holy spirit called the Word and God the Father's Spokesman.

Joh 14:26 But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

The Holy Ghost

The expression "Holy Ghost" used in the Bible is in error as there are no ghosts in the Godhead but rather 2 beings that are holy (John 17:11; Isa 6:3) and spirit (John 4:24).

Joh 17:11 And now I am no more in the world, but these are in the world, and I come to thee. Holy Father, keep through thine own name those whom thou hast given me, that they may be one, as we are.

Isa 6:3 And one cried unto another, and said, **Holy, holy, holy**, is the LORD of hosts: the whole earth is full of his glory.

Joh 4:24 **God is a Spirit**: and they that worship him must worship him in spirit and in truth.

These 2 God beings who are holy and spirit are the holy spirit beings of the God family who existed in the beginning at the creation of all things.

Joh 1:1 In the beginning was the Word, and the Word was with God, and the Word was God.

Joh 1:2 The same was in the beginning with God.

Joh 1:3 All things were made by him; and without him was not any thing made that was made.

And, the Word who was with God is before all things i.e., *nothing* existed before He created them whether made of spirit or matter.

Col 1:15 **[Christ]** Who is the image of the invisible God, the first-born of every creature:

Col 1:16 For by him [the Word who became Jesus-Christ] were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:

Col 1:17 And he is before all things, and by him all things consist.

In the beginning before anything either physical or spiritual was created, there was God and the Word who existed before all things and no other being is mentioned as having existed with them. There is no bib-

lical evidence that there ever existed a third, separate and distinct personage in the Godhead called the “Holy Spirit” who dwelt in eternity with God and the Word.

God is a Family

Throughout the Bible we can find many verses which clearly indicates the existence of family relations between God and the Word and God’s called, chosen and faithful.

Mat 11:27 All things are delivered unto me of my Father: and no man knoweth the Son, but the Father; neither knoweth any man the Father, save the Son, and he to whomsoever the Son will reveal him.

Mat 12:50 For whosoever shall do the will of my Father which is in heaven, the same is my brother, and sister, and mother.

Joh 20:17 Jesus saith unto her, Touch me not; for I am not yet ascended to my Father: but o to my brethren, and say unto them, I ascend unto my Father, and your Father; and to my God, and your God.

God is clearly a family in which many can be ultimately born again by a resurrection from the dead to eternal, glorified spirit life in God’s Kingdom.

Rom 8:29 For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he [\[God’s Son\]](#) might be the firstborn among many brethren.

Col 1:18 And he [\[the glorified Christ\]](#) is the head of the body, the church: who is the beginning, the firstborn from the dead; that in all things he might have the preeminence.

Christ was the first to be born again by a resurrection from the dead to be followed by many brethren.

Bible Writing Convention

The practice in the Bible has been to simply use the expression “the Holy Spirit” without indicating which God personage in the Godhead the expression represents. Over time, because of this practice, just about everybody has come to believe that the Holy Spirit is a separate and distinct God being in the Godhead but, there is no single verse or group of verses in the Bible that prove the existence of such a third being in the Godhead. The words “holy” and “spirit” are adjectives that describe the nature of

God the Father and of God the Word i.e., they are holy beings made of spirit.

Whenever we encounter the expressions the “Holy Spirit” or simply the “Holy Spirit” in the Bible we must look at the context to determine of which holy spirit being of the Godhead the Bible is talking about: the holy spirit, God the Father or the holy spirit, the Word and Spokesman.

The Word is the holy spirit being in the Godhead who carries out the instructions and wishes of the holy spirit, God. He is the faithful son who seeks to do his father’s will in all things. He is the member of the God family that did the work of creating the heaven and the earth, who ruled over ancient Israel through Moses and his human successors, He is the one who became a man who suffered and died to be God the Father’s perfect sacrifice for sin and make the salvation of mankind possible, etc. and He came to reveal the Father to those who follow the Father’s calling.

Making Things Clearer

In this study, when referring to God’s spirit who, depending on the circumstances can be the holy spirit personage called God the Father or the holy spirit personage called God the Word and Spokesman, I will not capitalize either of the adjectives “holy” and “spirit”. This is in order to not perpetuate the false impression in the minds of readers that there is a 3rd being in the Godhead called the “Holy Spirit.” Instead, I will refer to either of the holy spirits in the God family as being God’s spirit without capitalizing the word “spirit” to make it plain that we are not referring to a third God being in the God family called the “Holy Spirit” but to one of the 2 God beings in the Godhead.

God’s family is presently made up of 2 holy spirit beings to which are to be added thousands and possibly millions of other holy spirit beings when God’s plan of salvation for mankind has reached its end. The saints that endure in the faith until the end of their natural human life, will be resurrected as individual holy spirit beings in God’s Kingdom when it is established.

There are two studies which you can read regarding what is the “Holy Spirit” and decide for yourself in light of the Bible-based evidence offered if such a being exists in the Godhead. These studies are: [What is the Holy Spirit? Cliff Notes Version](#) and [Who or What is the Holy Spirit?](#)

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For many true Christian it is impossible for them to understand how it is that Christ could be the Word or the pre-incarnate Logos made flesh. How can Jesus have been a man born after the flesh and also be the Word who gave the ten commandments to Israel on Mount Sinai?

This problem is a bit like the one about the oneness of God. How can God be one yet be made up of two beings for the present time and in the future consist of millions of individuals and still be one? Without the holy spirit God the Word and Spokesman opening true Christians' minds to understand spiritual truth, it is something that is impossible to understand.

Let's see what the Bible has to say on the matter.

Jesus the Son of God

In the Bible we are told that before anything was created there existed only 2 beings who were both holy, composed of spirit and who had existed forever.

Joh 1:1 In the beginning was the Word, and the Word was with God, and the Word was God.

Joh 1:2 The same was in the beginning with God.

Joh 1:3 All things were made by him; and without him was not any thing made that was made.

Col 1:15 [Christ as a human being] Who is the image of the invisible God, [God the Father] the firstborn of every creature: [Christ, who was fully a human being, is the firstborn not of woman but as a spirit being by a resurrection from the dead.]

Col 1:16 For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:

Col 1:17 And he is before all things, and by him all things consist. [Christ as the holy spirit God the Word existed before anything that exists was created.]

1Ti 6:16 Who [Christ as the holy spirit God the Word] only hath immortality, dwelling in the light which no man can approach unto; whom no man hath seen, nor can see: to whom be honour and power everlasting. Amen.

God the Word became a man.

Php 2:5 Let this mind be in you, which was also in Christ Jesus:

What was the mind that was in Christ Jesus or more precisely, who's mind was in Christ? It was the mind of the holy spirit God the Word. Christ's body was flesh-and-blood but the mind in that body was the mind of the holy spirit God the Word. The mind power that human beings have is due to the human spirit God places in the human body. The spirit that was in Christ's body was the holy spirit God the Word.

Php 2:6 Who, being in the form of God, thought it not robbery to be equal with God:

Christ is the holy spirit God the Word and as such He has the very same kind of existence as the holy spirit God the Father. Therefore, He can rightly see Himself as being equal with God. He was a God being like

God the Father.

Php 2:7 But made himself of no reputation, and took upon him the form of a servant, and [God the Word] was made in the likeness of men:

Even though God the Word was a God being like God the Father, he accepted to be made in the likeness (have the appearance) of men, be just like any other man (be of no reputation), and be a servant.

Christ was engendered by God the Father in the human woman Mary.

Luk 1:26 And in the sixth month the angel Gabriel was sent from God unto a city of Galilee, named Nazareth,

Luk 1:27 To a virgin [unmarried woman] espoused [bethrothed, affianced, not yet married to Joseph] to a man whose name was Joseph, of the house of David; and the virgin's name was Mary.

Luk 1:28 And the angel came in unto her, and said, Hail, thou that art highly favoured, the Lord is with thee: blessed art thou among women.

Luk 1:29 And when she saw him, she was troubled at his saying, and cast in her mind [wondered] what manner of salutation this should be.

Luk 1:30 And the angel said unto her, Fear not, Mary: for thou hast found favour with God.

Luk 1:31 And, behold, thou shalt conceive in thy womb, and bring forth a son, and shalt call his name JESUS.

Luk 1:32 He shall be great, and shall be called the Son of the Highest: [God the Father] and the Lord God shall give unto him the throne of his father David: [Mary was a descendant of the line of David]

Luk 1:33 And he shall reign over the house of Jacob [Israel] for ever [the spiritual nation of Israel in the resurrection]; and of his kingdom there shall be no end. [will be composed of immortal spirit beings]

Luk 1:34 Then said Mary unto the angel, How shall this be,

seeing I know not a man? [Is not in a sexual relationship with a man which in those days required that she be married.]

Luk 1:35 And the angel answered and said unto her, The Holy Ghost [the holy spirit God the Father] shall come upon thee, and [by] the power [with which the heaven and the earth were created] of the Highest [God the Father] shall overshadow thee: therefore also that holy thing which shall be born of thee shall be called the Son of God.

Christ, the Word made flesh, was the Son of God.

Mat 3:16 And Jesus, when he was baptized, went up straightway out of the water: and, lo, the heavens were opened unto him, and he saw the Spirit of God descending like a dove, and lighting [descending] upon him:

Mat 3:17 And lo a voice [God the Father's] from heaven, saying, This is my beloved Son, in whom I am well pleased.

These verses make it clear that Jesus of Nazareth born of the virgin Mary was the Word made flesh having been conceived in the flesh-and-blood woman, Mary by a miracle performed by God the Father.

The Life in Man

The problem which arises now is how can or could God the Word who is wholly made up of spirit become a flesh-and-blood man. In order to get our answer, we need to review several Scriptures.

Gen 2:7 And the LORD God [the holy spirit God the Word by whom God the Father created all things] formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul. [an air breathing animal; the word "animal" means "breath"]

God the Word, by whom all things were created (John 1:3) i.e., the heaven and the earth (the material universe) and spirit beings (Col 1:16), and who existed before all things (Col 1:17) took inorganic or dead matter i.e., the dust of the ground and imparted life to it i.e., turned it, the dead inorganic matter, into a living being made according to the image (mind) and according to the likeness (physical appearance) of God the Father and Himself (Gen 1:26). Man was made after the God kind with a physical appearance and mind power similar to God and absolute free moral agency.

In other words, what gives inorganic matter life is a spirit essence that God the Word placed in His creation. This the Bible calls the “spirit in man.”

Job 32:8 But there is a spirit in man: and the inspiration of the Almighty giveth them understanding.

This spirit essence is what gives physical life to the dust of the ground of which God created man as we can see from Ecc 8:8.

Ecc 8:8 There is no man that hath power over the spirit to retain the spirit; neither hath he power in the day of death: and there is no discharge in that war; neither shall wickedness deliver those that are given to it.

No man can stop this “spirit in man” from leaving the body when the time comes for an individual to die. James makes it clear for us that the life in man is due to this “spirit in man” placed by God in man.

Jas 2:26 For as the body without the spirit is dead, so faith without works is dead also.

The life that is in man is the same life that God has placed in all other animals He created.

Ecc 3:19 For that which befalleth the sons of men befalleth beasts; even one thing befalleth them: as the one dieth, so dieth the other; yea, they have all one breath [they are all mortal beings]; so that a man hath no preeminence above a beast: for all is vanity.

A body made of the dust of the ground returns to dust after the spirit essence that gives it life leaves it.

Ecc 3:20 All [man and beast] go unto one place; all are of the dust, and all turn to dust again.

Ecc 12:7 Then shall the dust [man] return to the earth as it was: and the spirit shall return unto God who gave it.

This spirit essence that gives the dust of the ground shaped in the likeness and made according to the image of God and the Word returns to God at the time of death. This spirit essence contains a record of all that the man has been and will be used by God at the time of the different resurrections that are to occur (at Christ’s 2nd Coming, at the beginning of the Last Great Day and at the time of the Great White Throne Judgment) to bring men back to life.

Man was not created with immortality; he was created material and mortal. He was put out of the Garden of Eden to prevent him from taking of the tree of life and becoming immortal.

Gen 3:22 And the LORD God said, Behold, the man is become as one of us, to know good and evil: and now, **lest he put forth his hand, and take also of the tree of life, and eat, and live for ever:**

Gen 3:23 Therefore the LORD **God sent him forth from the garden of Eden,** to till the ground from whence he was taken.

The spirit in man temporarily gives man, the dust of the ground, life. There is no immortality dwelling in men. Let's continue our analysis.

The Mind of Man

If we again turn to the book of Genesis, we can see that God created different types of animals and plant life which all reproduce according to their own kind (Gen 1:20-25).

Gen 1:20 And God said, Let the waters bring forth abundantly the moving creature that hath life, and fowl that may fly above the earth in the open firmament of heaven.

Gen 1:21 And God created great whales, and every living creature that moveth, which the waters brought forth abundantly, **after their kind,** and every winged fowl after his kind: and God saw that it was good.

Gen 1:22 And God blessed them, saying, Be fruitful, and multiply, and fill the waters in the seas, and let fowl multiply in the earth.

Gen 1:23 And the evening and the morning were the fifth day.

Gen 1:24 And God said, Let the earth bring forth the living creature **after his kind,** cattle, and creeping thing, and beast of the earth **after his kind:** and it was so.

Gen 1:25 And God made the beast of the earth **after his kind,** and cattle **after their kind,** and every thing that creepeth upon the earth **after his kind:** and God saw that it was good.

But, when it comes to the creation of man who is also an animal, [an air breathing being] God created him according to the God kind i.e., in their image (same type of mind) and according to their likeness (same general physical appearance).

Gen 1:26 And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth.

Gen 1:27 So God created man in his own image, in the image of God created he him; male and female created he them.

Animals were created and reproduce according to their own kind but man who is also an animal was created according to the God kind.

Gen 1:28 And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it: and have dominion over the fish of the sea, and over the fowl of the air, and over every living thing that moveth upon the earth.

Men in their physical appearance look like God.

Joh 14:9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Shew us the Father?

But, when it comes to man, there is a huge difference between man and all the other animals (air breathing and other beings) created by God. Only man has a brain which has mind power and the absolute freedom to choose.

Deu 30:19 I call heaven and earth to record this day against you, [ancient Israel] that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live:

This is also the choice all who have ever lived will have to make. God will reveal Himself to them and they will all, like ancient Israel, have to choose to obey (life) or not (death) God so as to become immortal spirit beings for obedience or die the second death which is forever.

The spirit in man not only imparts life to man but also gives him mind power and free moral agency i.e., there is no power on earth or in heaven that can force a man to believe something he has not chosen to believe. This is to make it possible for men to choose God's ways when they are revealed to him and to make it impossible for any other power to control their minds i.e., that could force them to choose something against their will.

The spirit in man is also the means through which God, who is a spirit being, can have contact with men, who are physical beings unable to know of the existence of spirit by any of their 5 physical senses (touch, smell, sight, hearing, etc.)

1Co 2:11 For what man knoweth the things of a man, save **[but for]** the spirit of man which is in him? even so the things of God knoweth no man, but **[by]** the Spirit of God.

The spirit of man which is in every man is what gives men the ability to know and understand in similar but different ways the physical world in which they live. It gives them a shared perception of the world and makes it possible for them to relate to each other. It enables them have a common experience and understanding of the world.

When the holy spirit God the Father and/or the holy spirit God the Word and Spokesman dwell in men i.e., when God and the Word begin to work in the minds of those coming to conversion and of the truly converted, they then share in a small way, the mind of God and the Word. This then makes it possible for them to know and understand the spiritual truth of God and the Word, and to relate to Them in the same way that the spirit in man allows men to understand the things of other men and for them to be able to relate to each other.

God who is a spirit being can have contact with men because of the mind power they have been given. The mind is where all actions begin; one must first think it before being able to do it. This is why in the Scriptures we are told to control our minds by exercising the free will we have been given to use our mind power for good rather than for evil.

2Co 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and **bringing into captivity every thought** to the obedience of Christ;

This verse could not have been included in your Bible if you were not able to control your thoughts. Of course, because of the infirmity or weaknesses of our flesh, we can do so only imperfectly but still, the requirement is that we must try to do so.

Our mind and our freedom of decision making is the source of all sins in our lives which is why we have to control our thoughts as much as we can.

Jas 1:12 Blessed is the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him.

Enduring temptation means to be making an effort to withstand the urge of doing something which we know to be sin. We won't always succeed but God's requirement is that we keep trying.

Jas 1:13 Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man:

Jas 1:14 **But every man is tempted, when he is drawn away of his own lust, and enticed.**

Being enticed means to be attracted to do something, to be considering doing it.

Jas 1:15 Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.

Satan has the power to influence men's minds but he does not have the power to compel men to sin. If he did, since he is a more powerful being than man, no man could ever be saved. And, God would not have commanded mankind to choose (Deu 30:19) because if men are dominated by a stronger being, they are no longer free to make their own decisions.

So, the spirit in man gives life to man, the dust of the ground. It also gives mind power and free moral agency to men's animal brains which makes it possible for God and the Word who are spirit beings to reveal spiritual truths to them and for men to choose God's truth if they want to.

As a result of the mind power and the absolute freedom to choose given man, we find that all men are not exactly alike but rather are molded into different persons by their unique and individual abilities and ways of experiencing the material world. Though all men are human beings they all are different and these differences is what we call personality.

Personality

Personality could be defined as the very great variety of manners of existence made possible by mind power. Individuals can be writers, musicians, artists, intellectuals, mechanics, labourers, be kind, generous, likable or

not, etc. in a quasi-infinite variety of ways. These are all the results of decisions taken by individuals based on their personal abilities, likes and dislikes, physical and mental strengths and weaknesses, etc. And, as previously stated, it is all made possible by and it all starts in the mind.

This brings us closer to understanding how it was that Jesus was God in the flesh.

The mind is a non-physical part of our material bodies and its existence is made possible by a spirit essence, the spirit in man, that God places in men to give their animal brain mind power.

The spirit or the mind that was in the material body of the human Jesus was that of the holy spirit God the Word. God the Word is a holy spirit being and, as a spirit being, He was fully in the body of the human Jesus in the same way that there is a spirit in man. The personality or consciousness that was in the body of Jesus was that of the holy spirit God the Word.

Joh 3:34 For he whom God hath sent speaketh the words of God: for God giveth not the Spirit by measure unto him.

God can put a spirit in man and the spirit that was in Jesus was fully the holy spirit God the Word. There is a spirit in man which makes them human beings but Jesus in addition to having the spirit in man in him, He also fully had the holy spirit God the Word in him.

These 2 spirits made Jesus both fully a human being and fully God.

Php 2:5 Let this mind be in you, which was also in Christ Jesus:

What was the mind that was in Christ Jesus?

The mind of the holy spirit God the Word.

In the same way that the holy spirit God the Father and the holy spirit God the Word can and do dwell in the minds of truly converted Christians, the holy spirit God the Word dwelled fully in the body of the human Jesus.

1Co3:16 Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?

Joh 14:17 Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

Joh14:20 At that day ye shall know that I am in my Father, and ye in me, and I in you.

At the moment of Christ's begetting by God the Father, the spirit placed in the embryo God created in Mary's womb was that of the holy spirit God the Word. The person, personality or consciousness that was in the human body of Jesus was that of the Word who had existed forever with God the Father.

This is how Christ was God in the flesh.